### CONTACT

@ Rmshed23@gmail.com

Cell: 334.819.9799

Web: romanmothershed.com

Alabaster, AL

### EDUCATION

Thompson High School December 2022

College Counselor:

pam.vickers@acsboe.edu

## PARENTAL CONTACT

@ mshed1@yahoo.com

OI

miamothershed@yahoo.com

# ROMAN MOTHERSHED

# Student Athlete

# **SUMMARY**

Accomplished high school football player, with the athleticism to excel within a D1 football program. Self-motivated, efficient and driven athlete. Over 8 years of experience working seamlessly across a wide range of diverse populations, including administrators, teachers, coaches, and students.

Proven ability to cultivate an intentional and purposeful approach to athletics as a team captain. Reputation for modeling a strong moral code and mentorship.

#### **KEY SKILLS:**

Leadership | Mentorship | Team Motivation | Energetic Excels Under Pressure | Driven | Team – Oriented

#### COMMUNITY INVOLVEMENT

YMCA Football Program	2011 - 2018
Pilgrim Rest Baptist Church Youth Day Leader	2013 - 2016
True Worship Church Youth Leader	2016 - 2020
Football Youth Mentor	2019 - 2022
Football Sideline Assistant	2019 - 2021
True Divine Baptist Church Youth member	2020 - 2022